Meeting Break Menu

For special dietary requests contact your coordinator. Prices listed per person. All prices subject to change. All prices subject to a 22% service charge and the current Utah food and beverage tax. Please select one menu for the entire group.

Break Boxes

Continental Box
Yogurt
Melon Berry Cup
Muffin, Cinnamuffin or Mini Croissant
12

Sweet Box
Skittles
M&Ms
Apple Slices and Caramel Sauce
Brownie
6

Salt Box
Chips and Salsa
Mixed Nuts
Peanut Butter Cookie
Salted Caramels
6

Stress Box
Pineapple
Grapes
Dark Chocolate
Mixed Nuts
5

Healthy Box
Baby Bell Cheese and Crackers
Hummus with Carrots and Celery
6

Specialty Breaks

Smoothies: Green, Berry, Banana Strawberry or Mango 5.00
Hummus with Vegetables and Crackers 6.00
Sopressata, Cheeses, Breads and Pepperoncini 6.50
Nacho Bar 5.00
Pretzels, Peanuts and Popcorn 4.00

A la Carte Items

Danishes, Muffins or Cinnamuffins 2.50
Quick Breads 1.25/per slice
Bagels and Cream Cheese 4.25
Protein Bars 3.50
Yogurt 2.00
Yogurt Parfait 4.00
Whole Fruit 1.75
Fresh Fruit Tray 4.50
Cheese Tray 7.00
Vegetable Tray 4.50
Chips and Salsa 4.00
Brownies, Lemon Bars 4.00
Cookies 1.00
Mixed Nuts 3.50
Hot Chocolate 4.00
Herbal Tea 1.75
Smart Water 3.00
Bottled Water or Ice Water 2.00
Sodas, Juice or Milk 2.00